



SUSA Stingrays

Year-Round Team Registration Form 2009-2010

First Name: _____ Middle Initial: _____ Last Name: _____

Parent(s) Name(s): _____

Birthdate: _____ Age: _____ Gender: _____ F _____ M

Hobbies: _____

Contact Information

Street Address: _____ City: _____

Zip Code: _____ Home Phone: _____

Father Day Phone: _____ Cell: _____

Place of Work: _____

Mother Day Phone: _____ Cell: _____

Place of Work: _____

EMAIL (required): _____

Emergency Contact: _____ Phone: _____

Relationship: _____

Payment

(Required Fees)

\$60 – USA Swimming Registration (from Sept. 2009-Dec. 2010)

\$20 – SUSA Initial Registration Fee

\$ _____ -- First Month's dues (see chart on first page)

Team Uniform – you will purchase your uniform from the ProShop at Summit Athletic Club – Girls suits are \$35, boys are \$30. You will need to have a suit by the first swim meet in which your child participates. One cap will be provided to your child to wear for meets. Additional caps are available for purchase for \$5 each.

**STATEMENT OF FINANCIAL RESPONSIBILITY
SUSA STINGRAYS**

*My support and attitude as a parent greatly influences my child's
success in swimming.*

I understand that:

_____ I am responsible for the costs incurred by participating in Southern Utah Swimming Association's program.

I will be billed monthly. In the event that my swimmer takes a "break," I will still be responsible for this time off unless I submit the dates **in writing or by email** PRIOR to the break.

Monthly fees are due by the 5th of each month. After the fifth, I will be assessed a \$5 per month late fee. **If any balance is 60 days overdue, my swimmer will not be able to attend practices until the outstanding balance is brought current.**

The team must pay meet fees upon entering a swimmer in meet events. I understand that I will be responsible for all fees incurred by signing up for a meet, even if I do not attend the meet for any reason.

_____ I am responsible for keeping my membership (if applicable) current and in good standing with Summit Athletic Club/Washington City Community Center.

_____ My child(ren)'s participation in at least **one** practice and/or one meet in the month constitutes "active swimmer" status and requires payment of monthly dues. In the event of extenuating circumstances (death in the family, unexpected travel, etc.), I will contact the coaching staff immediately to make arrangements.

_____ My swimmer(s) are expected to participate in the yearly fundraiser to help the team purchase/update equipment and other training materials. I understand that I will be asked to make a \$100 contribution towards team equipment, regardless of whether my swimmer participates in the team fundraiser.

Signed, _____ Date: _____

I also understand that my child(ren) are on a competitive swim team and that attendance at TEAM MEETS is mandatory. In the event we cannot attend a designated TEAM MEET, we will attend one of the optional meets for that quarter.

Signed, _____ Date: _____

CODE OF CONDUCT

SUSA STINGRAYS

As a member of Southern Utah Swimming Association, I must show the utmost RESPECT for my peers, my coaches, my competitors, and my parents if I am to achieve greatness in swimming.

In order to do this, I understand that:

- I am part of a TEAM, and there is no place for fighting, demeaning, belittling, cussing or physically injuring another teammate. If I engage in such activities, I understand that I will be kicked out of practice and my parents will be notified. If I am removed from practice three times, I will be suspended from the team.
- I am expected to uphold the highest standards of sportsmanship when dealing with members of other swim teams.
- I should treat the facilities in which I practice and compete with respect, not vandalizing or abusing the equipment or facilities in any way. I will help maintain the appropriate team image by cleaning up my garbage on the decks I use.
- I need to be on time for practices. I understand the late policy of the team – that everyone is entitled to one “freebie,” but after that, if I arrive later than 10 minutes after practice begins, I will not be allowed to enter the water. I understand that I will need to complete the dryland “late set” in place of a water workout for that day.
- I must give my best every time I am at workout, including setting personal goals. I will seek to understand and complete the workouts in the manner in which they were prescribed, so that I may achieve my highest potential.
- Attending meets is a vital part of being on a team, and that I must at minimum attend all TEAM meets. I understand that there will be approximately one meet per month available, and that TEAM meets are approximately every three months.
- I am responsible for having my suit, cap, goggles and any other equipment needed for workouts and meets. At meets, I am responsible for getting to my events early enough to prepare for racing.
- I need to talk to my coach before and after races and record what she or he says I need to do.
- I will support and cheer on my teammates at every opportunity. As they get better, it pushes me to improve as well. We are a team!

I have read and understand the above principles and will follow them:

Signed, _____ Date: _____

As a parent, I have read and discussed this code of conduct with my child and will support him or her to the best of my abilities. I want my child to achieve his or her potential as an athlete:

Signed, _____ Date: _____

SUSA Motto

S – Strength – *We are tough.*

U – Unity – *We are a team.*

S – Sportsmanship – *We show respect.*

A – Achievement – *We reach our goals.*

SUSA Philosophy

Southern Utah Swim Association's goals are that each child:

1. Learn to love competitive swimming by having fun in a safe and structured environment,
2. Learn to be a vital part of the team regardless of age or ability,
3. Be respected and show respect to coaches, staff, and peers, and
4. Continue to learn essential skills necessary to be a successful competitor.

Communication

SUSA Swim Team
769 E. Cherry Circle
Washington, UT 84780

Coach Dani Caldwell
435-669-6093
dani@susastingrays.com

We do almost all our communication by email. If you do not have an email, please make sure the coaches know and make sure your child gets the information at practice. If you do not receive SUSA emails within a week of signing up, please contact Coach Dani dani@susastingrays.com so you get on the blast list.

Practice Schedule and Fees (August 2009-May 2010)

Summit Athletic Club	Member	Non-Member
Mini-Rays	\$40/mc.	\$60/mc.
Royal Rays	\$50/mc.	\$70/mc.
Stingrays/Sectionals	\$60/mc.	\$80/mc.
High School Concurrent	\$20/mc.	\$20/mc.
WCCC (Washington)	Member	Non-Member
Mini-Rays	\$40/mc.	n/a
Stingrays/Sectionals	\$60/mc.	n/a
High School Concurrent	\$20/mc.	n/a

Family discounts & scholarships available

Available Practice Times

(choose which practices in your child’s group fit your schedule best!)

Summit Athletic Club

Mini-Rays (Beginners, ages 7-10)
2 practices per week
Mon & Wed from 5-6 p.m.

Royal Rays (Intermediate, ages 8-12)
3 practices per week
Mon& Wed from 4:30-6 p.m.
Friday from 3-5:30 p.m.

Stingrays, Juniors & Sectional Groups
(ages 10 & up, Advanced to Championship Teams)
Depending on level, from 4-7 practices per week
Monday through Friday
4:30-6:30 p.m.
Tues & Fri
5:15-7:00 a.m.

Washington City Community Center

Mini-Rays (Beginners, ages 7-10)
2 practices per week
Tues & Thurs 4:30-5:30 p.m.

Stingrays Group
(ages 10 & up, Advanced Group)
Depending on level, from 4-7 practices per week
Monday through Thursday 4:30-6:30 p.m.

Sectionals Group Make-up
Monday 4:30-7p.m.

	Summit Athletic Club	Washington City Comm. Ctr.
Mini-Rays	M & W 5-6 p.m.	T & H 4:30-5:30 p.m.
Royal Rays	M & W 4:30-6 p.m. Friday 3-4:30 p.m.	NA
Stingrays, Junior Team, Senior Team	M, T, W, H, F 4:30-6:30 p.m. T & F 5:15-7:00 a.m.	M, T, W, H 4:30-6:30 p.m.
Sectional Group Makeup		M 4:30-7 p.m.